

Life with Cancer is now available online!



Get access to 90+ programs at no cost including:

Educational seminars: Disease, treatment, side effects, pre-surgical, insomnia, fatigue, brain fog, nutrition and more.

Fitness classes: Chair-Based, Cross-Train Challenge, Barre Tone, Cardio-Core, Gentle and Restorative Yoga and much more.

Stress reduction classes: Music therapy, meditation, mindfulness, Integrative Oncology Program

Individual counseling, education and nutrition consultations

Support and networking groups

Children and adolescent programs

Anyone in treatment or survivorship, regardless where treatment is received, may attend. Some programs are also open to family and friends.

Visit our class registration page at lifewithcancer.org to sign up today!

Services are offered at no cost thanks to the generosity of the community no matter where treatment is received, except for psychiatry. All classes/programs will be offered through Zoom Pro which is HIPAA compliant. Zoom invitations will be sent through Outlook BCC to protect the privacy of your email.

